Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

The **"Mia" Shrug pattern** contains instructions for three versions: one knit flat using **twisted purl,** one knit flat using the standard knit and purl stitches, and one knit partially in the round without any seaming.

Version 1 (blue green) uses a twisted purl on both the sleeve ribbing and the lace.

Version 2 (beige) is knit using the standard knit and purl stitches.

Version 3 (green) follows the basic recipe for the body in that it's knit flat. The difference is that the sleeves are **knit in the round**, eliminating the need to seam as part of the finishing process.

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

Materials:

- Depends on overall length of shrug. For instance, a 16 by 48 inch rectangle requires approximately 450 yards of DK or light worsted weight yarn
- Knitting needles sized appropriately for the yarn used
- Crochet hook of same or slightly larger size for optional crocheted edging
- Tapestry needle

Abbreviations:

K = knit
M1 = make one
P = purl
PSSO = Pass slipped stitch over
RS = Right side
S = Slip stitch
TP = Twisted purl
WS = Wrong side
YO = Yarn over

Resources:

- **Free rosettes pattern from Lion Brand** - http://www.lionbrand.com/patterns/chs-rosettes.html

- **Vintage Scalloped Edge Crochet pattern**, from "Edges and Corners" Book No. F by Emma Farnes.

- **Ruffle rose pattern from Nicky Epstein's "Knitted Embellishments"**

- **Berry Cluster pattern from Nicky Epstein's "Knitting On the Edge"**

- **Details of Combined Knitting technique** - http://www.modeknit.com/combined.html

- **Video of Combined purl** - http://www.knittinghelp.com/knitting/videos/purl/purling-combined-method.mpg

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

These **Measurements** and **Calculations** are used for all versions of the pattern. Please note that the circumference of your upper arm will determine the width of the entire garment. For instance, if your arm measures 12 inches around at its largest point, the part that goes across your back will be approximately 12 inches wide.

Measurements:

A. Circumference of largest part of upper arm: (e.g. 11")
B. Shoulder width (bone to bone):   (e.g. 12")
C. Desired sleeve length (underarm to just below elbow for 3/4,   (e.g. 15")
      to wrist for full-length)

Calculations:

   Number of stockinette stitches per row inch in selected yarn: (e.g. 5)
   Multiply by circumference (A):   (e.g. 5 * 11 = 55)
D. Round up to the nearest multiple of 4, plus 2*****:   (e.g. 56 + 2 = 58)
E.   Round up to the nearest multiple of 10, plus 1:   (e.g. 60 + 1 = 61)
F.   Subtract (D) from (E)******:   (e.g. 61 - 58 = 3)
G. Add 8" to (B) for lace work length: (e.g. 12 + 8 = 20)

*   (D) not necessary if knitting sleeves in the round
** (F) should be calculated by subtracting (A) from (E) if knitting sleeves in the round

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

Pattern (Version 1 - twisted purl)

Materials

16 by 48 inch rectangle requires approximately 400 yards of light worsted cotton blend with a gauge of 5 stitches per inch, plus a few yards of a complementary color for the crochet rosettes

- Knitting needles used – US 10.5
- Crochet hook used – K / 10.5

Instructions

Cast on (D) stitches, leaving a long tail for seaming during the "Finishing" step.

K1, *K2, TP2* rib, repeating * to * until end of row, then TP1. Slip first stitch of each subsequent row.

Repeat until piece measures (C) inches. **Note:** If you will be adding the decorative edging, make the length (C minus 2) inches, ending on WS row.

Set up the lace pattern by increasing the initial ribbing stitch count by (F) additional stitch(es). Use M1 as the least obvious method of increase. Begin the 2-row lace pattern on a RS row:

Row 1: *K1, yo, k3, (sl 1, k2tog, psso), k3, yo,* repeat from * to *, end k1.
Row 2: TP across and turn.

Continue this 2-row pattern until piece measures (G) inches, ending on WS row.

Decrease the (F) additional stitch(es) added in the setup row prior. Use k2tog so that decreases lie in the same direction.

Resume the K1, *K2, TP2* rib, repeating * to * until end of row, then TP1, slipping first stitch of each subsequent row.

Repeat K2, TP2 rib until piece measures (C) inches. **Note**: If adding a sleeve edging, make the length (C minus 2) inches, ending on RS row. Bind off, leaving long tail and steam block.

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

Finishing:

Fold blocked piece in half, wrong side out. Using tapestry needle and long tail, sew sleeve up to (C minus 2 inches), as the seaming should end comfortably below the underarm. Put a couple of extra stitches at the end of the seam since this area will need the most reinforcement due to the way the garment is worn. Weave in ends.

Repeat same steps for other "sleeve".

Next, knit or crochet 4 small rosettes to attach to either side of shrug. I used the 2-color rosette pattern from Lion Brand http://www.lionbrand.com/patterns/chs-rosettes.html

Placing the rosettes on either side of the neck edge, evenly spaced.

Sleeve Edging (Optional)
You may either knit or crochet any 2" edging of your choice by picking up the stitches along the sleeve edge. The original pattern uses a vintage 3-row shell stitch edging and these instructions reference that particular pattern.

Select a crochet hook that is the same size or slightly larger than the corresponding knitting needles used to make the body. I used a crochet pattern from the early 1900's called Scalloped Edge Crochet, published in a book called "Edges and Corners" Book No. F by Emma Farnes, available here - http://crochet.about.com/library/n012503.htm

The edging is basically 3 rows of double-crochet shells, slipped stitches and single crochet. If you can do those stitches, the edging is really very easy.

Weave in ends and you're done.

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

Pattern (Version 2 - standard purl, by Grumperina at http://www.grumperina.com/knitblog/):

Materials

- 50 by 9.5 inch rectangle requires approximately 450 yards of DK weight KFI Cashmereno, 22 sts/30 rows per 4" square in stockinette

- 112 beads (48 per cuff, 4 per rosette)

- Knitting needles used – US 6

Cast on (D) stitches, leaving a long tail for seaming during the "Finishing" step.

K1, *K2, P2* rib, repeating * to * until end of row, then P1. Slip first stitch of each subsequent row.

Repeat until piece measures (C) inches. **Note:** If adding the decorative edging, make the length (C minus 2) inches, ending on WS row.

Set up the lace pattern by increasing the initial ribbing stitch count by (F) additional stitch(es). Use M1 as the least obvious method of increase. Begin the 2-row lace pattern on a RS row:

> **Row 1**: *K1, yo, k3, (sl 1, k2tog, psso), k3, yo,* repeat from * to *, end k1.
> **Row 2:** P across and turn.

Continue this 2-row pattern until piece measures (G) inches, ending on WS row.

Decrease the (F) additional stitch(es) added in the setup row. Use k2tog so that decreases lie in the same direction.

Resume the K1, *K2, P2* rib, repeating * to * until end of row, then P1. Slip the first stitch of each subsequent row.

Repeat K2, P2 rib until piece measures (C) inches. **Note**: If adding a sleeve edging, make the length (C minus 2) inches, ending on RS row. Bind off, leaving long tail and steam block.

"Mia" Shrug
Design by Karen Boykin

Next, knit 4 small rosettes to attach to either side of shrug. Grumperina made 1.5" modified rosettes from the ruffle rose pattern in **Nicky Epstein's "Knitted Embellishments"**

Evenly space the rosettes on either side of the neck edge.

Finishing:

Fold blocked piece in half, wrong side out. Using tapestry needle and long tail, sew sleeve up to (C minus 2 inches), as the seaming should end comfortably below the underarm. Put a couple of extra stitches at the end of the seam since this area will need the most reinforcement due to the way the garment is worn. Weave in ends.

Repeat same steps for other "sleeve".

Sleeve Edging

Pick up stitches at RS edge of sleeve, and then add the knit or crochet edging of your choice. Repeat same edging for other sleeve. Weave in ends and you're done.

Grumperina designed her own, complete with beading (pictured, left).

Yarn is my MÉTIER

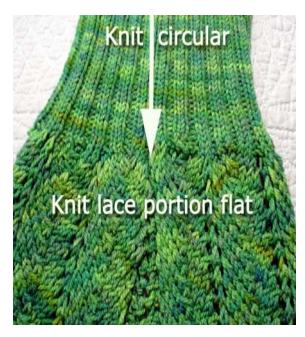# "Mia" Shrug
Design by Karen Boykin

Version 3 Materials

- Approximately 470 yards of heavy sock weight yarn, 6.5 stitches per inch in stockinette

- 80 beads for the collar

- Two circular knitting needles for ribbed sleeves (or whatever method you prefer for knitting in the round – US 4

- Size 8 US straights or circular needles for lace portion

Instructions:

Cast on (D) stitches, split evenly between your two circulars.

Work the K2, TP2 rib in the round until piece measures (C) inches.

From this point, you will knit the piece flat. Turn so that the (WS) is facing you.

M1 to increase initial ribbing stitch count by (F) additional stitch(es); distribute the extra stitches evenly through this setup row.

Begin the simple 2-row lace pattern on RS row:

- Row 1: *K1, yo, k3, (sl 1, k2tog, psso), k3, yo,* repeat from * to *, end k1.

- Row 2: Twisted purl across row.

Continue two row pattern until piece measures (G) inches, ending on RS row.

Turn work to WS and use K2tog to evenly decrease the (F) additional stitch(es) added in the setup row for the lace repeat.
Rejoin ends on RS and resume the K2, P2 rib rounds until piece measures (C) inches. Bind off in pattern.

Yarn is my MÉTIER

"Mia" Shrug
Design by Karen Boykin

Finishing (optional**):**

I decided to add a bit of vintage to this version with the addition of a decorative collar, based on the Berry Cluster pattern in **Nicky Epstein's "Knitting On the Edge."**

To determine where to attach collar, choose which edge of the lace portion will be the top. Next, find and mark the center point of the top and use a removable stitch marker. Now, measure approximately 5 inches on either side of the center point and mark those as well. This is where you will pick up multiples of 23 stitches for the basic collar. Using the crochet method, I added beads in the last 5 rows to outline the leaf spines.

Once the collar is done, pick up the stitches along the inside edge of the original collar, then continue down the front edge of the shrug to within an inch of the sleeve (red line). Next, decrease at the point where the base collar ends and the shrug edge pickup begins (tan line), as well as at each edge.

I added beads near the tip for an arrowhead effect. Bind off when only two stitches remain. Lastly, tack down the collar so that it does not roll.

Weave in all ends.